## **Craft in Common Connection**

Stitching a Message to Connect with Others



"I chose to stitch the message 'You Are Not Alone In This'. I was thinking about connecting with people who are feeling alone in their situations, maybe due to restrictions or injustice, as well as reminding myself when I am struggling that I am not alone."

Find out more about this project and 'We are Commoners' at craftspace.co.uk/commoners

Craftspace C ARTS COUNCIL

Artist Alinah Azadeh invites you to stitch a message to reach out to people, connect with them and counter feelings of isolation and loneliness. Your message could be about a cause or words to encourage community spirit and togetherness.

Taking inspiration from craftivism - a term used to describe the combining of craft and activism - make one for yourself, gift one to someone else or display it in a public space as an act of emotional unity.

Craft in Common is a series of creative online workshops with Alinah as part of Craftspace's upcoming exhibition 'We are Commoners'.

In this series commons includes emotional resources for making things together in solidarity to get through difficult times.



## Gather your materials

You will need: Aida (or plain fabric) Plain and patterned or colourful fabrics (x2) Needle and thread Tracing paper Pencil Scissors PVA glue Safety pin or cable ties Pins Choose your message!

## Watch the how-to video online: vimeo.com/craftspace



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## How to Stitch a Message to Connect with Others



Cut out the pieces of fabric, this could be in any shape - here Alinah has done a speech bubble.



Write your message on the tracing paper, place over the aida/plain fabric and use the pencil to punch holes along the lines so it leaves a mark on the fabric underneath.



Take the tracing paper away, join up the dots on the individual letters with pencil.



Use your needle and thread to stitch along the lines.



Stitch the two back pieces of fabric together - use a large cross-stitch in the middle.



Attach the message piece on top of the fabric with stitches - small crosses around the edge of the paper or white thread in the middle so it is not visible.



Add safety pins for a wearable piece or stitch on/make holes for cable ties if you want to put it up in public.



Wear your message or display it in your home, in public or share online (don't forget to use #WeAreCommoners).

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