

Craft in Common Loss

Wrap an object as a symbol of loss with Alinah Azadeh



Artist Alinah Azadeh invites you to create a small 'memory object' to help reflect and honour the things or people we may have lost in our lives.

There are different kinds of loss; death of loved ones, loss of a job, friendships or relationships, and the feeling of loss from the restrictions during the COVID crisis.

Find an object or write a letter linked to the thing or person you have lost and use fabric to meaningfully wrap and bind it as a way of processing grief.

Craft in Common is a series of creative online workshops with Alinah as part of Craftspace's upcoming exhibition 'We are Commoners'.

In this series commons includes emotional resources for making things together in solidarity to get through difficult times.

"We're creating a memory object so the person or thing will always be with us. It's a kind of gift and a legacy. It might not always be positive but sometimes we'll learn from the ending of something".

Find out more about this project and 'We are Commoners' at craftspace.co.uk/commoners



"This idea came from an art installation 'The Gifts' that I did where hundreds of people contributed. After the sudden death of my mother, I began to wrap her objects and personal effects with fabric. I bound them to tell stories about her, celebrate her qualities and the things I missed about her."

Watch the how-to video online: vimeo.com/craftspace



Craftspace 



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How to Wrap an Object as a Symbol of Loss

Gather your materials

You will need:

An object or letter representing something you have lost/your loss
A square of fabric (approx. 30x30cm or enough to fit your object)

A strip of fabric or ribbon and a selection of threads or bindings



1 Place your object in the middle of the square of material, ready to start wrapping with the Furoshiki (Japanese gift wrapping).



2 Tie the 2 diagonally opposite ends of the square together.



3 Next tie each knotted end to the unknotted end closest to it.



4 Use your ribbon/strip of fabric to start wrapping and binding your object, pay close attention to the shape of it. Take time to think about the person or thing and intentionally say thank you and goodbye for the time being.



5 You can choose to display your memory object in your home, share it with family and friends or keep it somewhere private.

Share your makes with us on social media using #wearecommoners

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